



The Jewish Federation
OF THE BLUEGRASS

1050 Chinoe Rd Ste 112
Lexington, KY 40502

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Shalom events

May 2018



A monthly compilation of community events, announcements, and useful information.

Jewish Federation of the Bluegrass

1050 Chinoe Rd. Ste. 112, Lexington, KY 40502
(859) 268-0672 - www.jewishlexington.org

May 3 and 17 - JFS Caregiver Support Meeting

10:00 a.m. - Monthly caregiver support meeting at Temple Adath Israel. RSVP to jfs@jewishlexington.org.

May 11 - YBJ "By the Candlelight" Shabbat Dinner

7:00 p.m. - This month's potluck meal is hosted by Josh and Aaron Shapiro-Howard. For more information, contact daniel@jewishlexington.org or visit the YBJ on Facebook.

May 23 - JFB Board Meeting

7:30 p.m. - Email tamara@jewishlexington.org for details.

May 26 - YBJ at Synagogue: OZS

10:30 a.m. - YBJ members attend one Shabbat service per month together, alternating between congregations. Contact daniel@jewishlexington.org for details.

May 29 - Lunch & Learn with our local Rabbis

12:00 p.m. - Monthly discussion program at the JFB office. RSVP to rabbisharon@jewishlexington.org.

By The Candlelight

A Young Bluegrass Jews Shabbat Series

May 11
7:00 p.m.

Hosted by
Josh & Aaron
Shapiro-Howard

Contact
Daniel@jewishlexington.org
for more details.



Young adults in their 20's and 30's are invited to attend a monthly YBJ Shabbat dinner series. This month's "BBQ Shabbat" potluck dinner is hosted by Josh and Aaron Shapiro-Howard. Visit the YBJ Facebook group for more details or contact daniel@jewishlexington.org.

Lunch and Learn with our local rabbis

Featuring Rabbi David Wirtschafter
May 29, 12:00 p.m.

Learn with us at the JFB office on the last Tuesday of each month at noon as our local rabbis, on a rotating schedule, discuss holidays, Torah portions, and other topics of interest. A dairy lunch is offered at a nominal charge.

Please note that we make every effort to announce topics a few days before the event.



RSVP to Rabbi Sharon Cohen at (859) 268-0672 or rabbisharon@jewishlexington.org.

Calling All Camp Shalom Alumni!

We have lots of plans in the works to celebrate 50 years of Camp Shalom.

Are you on our mailing list yet?



Email campshalom50@gmail.com to keep up with the latest news on our exciting alumni socials, Camp Shabbat, and gala brunch, taking place August 3-5, 2018!

Jewish Federation Committees Seek Volunteers Like You!

Federation has a number of committees seeking additional volunteers. With a range of community programs, an assortment of marketing projects, and community support initiatives, we're asking you, our beloved community members, to offer your time and talents to help us take our programming and services to the next level! There's something for everyone - no matter where your interests lie!

Camp Shalom Committee
Community Activities Committee
Fundraising Committee
Jewish Family Services Committee
Marketing & Website Committee
PJ Library Committee
Shalom Editorial Committee
....and more!

We need your energy, your ideas, and your passion to help our Jewish community grow and thrive.

Contact Tamara Ohayon, Executive Director, at tamara@jewishlexington.org or call (859) 268-0672 to find out how you can get involved today!

Camp Shalom שלום CELEBRATING 50!

50TH ANNIVERSARY WEEKEND & GALA

8/3-8/5
SUMMER 2018

Join us for a fun-filled family weekend & gala brunch to raise funds for the next 50 years!

Join the mailing list!
campshalom50@gmail.com

- Camp Shabbat
- Alumni Socials
- Gala Brunch on Sunday

ENROLLMENT
STILL OPEN

Sign up now
for Camp's
50th summer!

Camp
שלום
Shalom

Day Camp
7/23-8/3

Overnight Camp
8/6-8/10 (grades 2-6)

More info? Contact
859-268-0672



The Jewish Federation
OF THE BLUEGRASS

www.jewishlexington.org/camp-shalom

2018 - May Events - 5778

Ohavay Zion Synagogue

2048 Edgewater Ct., Lexington, KY 40502
(859) 266-8050 - www.ozs.org

Shabbat - Every Saturday, 9:30 a.m., Lunch to follow

Minyan - Every Tuesday, 5:45 p.m.

Studying The Prophets - Every Wednesday, 12:00 p.m.

Talmud Study - Thursdays, Service at 7:30 a.m., Light breakfast to follow, Study at 8:30 a.m. Contact the office for more information at office@ozs.org.

May 11 - Stewart Home Shabbat

5:30 p.m. - Contact office@ozs.org for more information.

May 18 - Kids' Shabbat

5:30 p.m. - Join us as we celebrate Shavuot! RSVP to office@ozs.org.

May 19 - Shavuot Learning

7:00 p.m. - All are invited to learn about Shavuot as members of our community teach Torah.

May 20 - Shavuot Service

9:30 a.m. - All are invited to attend Shavuot services, including Yizkor.

Donate to Shalom Events!

Your support will go a long way to help us provide this resource for the Jewish community.

Please consider a donation of \$18, \$36, or any other amount you are comfortable giving.

To make a donation, call us at 859-268-0672, visit jewishlexington.org, or contact daniel@jewishlexington.org!

Chabad of the Bluegrass

568 Columbia Ave. Lexington, KY 40508
(859) 813-0770 - www.chabadofthebluegrass.com

Ancient Text, Modern Times - Every Wednesday, 7:00 p.m. An in-depth look at the weekly Torah portion and the effect it has on our daily lives. No prior study required. Open to all.
Shabbos - Every Friday, 7:00 p.m., Traditional Friday night services followed by family-style Shabbos dinner.

May 4 - Dessert & Discussion

9:30 p.m. - Dessert & Discussion. Intriguing Q&A led by Shoshi and accompanied by delicious homemade desserts.

May 8 - Leon Cooper Leadership Course - Part 3

12:00 p.m. - "How to teach Torah. Expand your knowledge of Jewish tradition and practice with a new series designed to craft Jewish leaders."

May 12 - Kiddush Club

1:00 p.m. - A group-driven learning experience, followed by Mussaf and cholent.

May 14 - Farbrengen

8:00 p.m. - Lift your spirit, connect with your soul and experience a *farbrengen*. Open to the entire community.

May 26 - Kiddush Club

1:00 p.m. - A group-driven learning experience, followed by Mussaf and cholent.

Temple Adath Israel

124 N. Ashland Ave., Lexington, KY 40502
(859) 269-2979 - www.lextai.org

Shabbat - Every Friday, 7:00 p.m., Oneg to follow

May 4 - Tot Shabbat, Family Dinner and Family Shabbat

5:45 p.m. - Tot Shabbat for children age 6 and below and their parents.

6:00 p.m. - Family Dinner, RSVP to laura@lextai.org

7:00 p.m. - Family Service

May 12 - Laine Fine Bat Mitzvah

10:30 a.m. - Contact laura@lextai.org for details.

May 18 - Sisterhood Shabbat

7:00 p.m. - Shabbat service led by Sisterhood.

May 19 - Women's Mussar

1:00 p.m. to 4:00 p.m. - This Jewish spiritual gathering place created by women just for women, is a sacred space for personal exploration in the context of community and sisterhood. Open to Jewish community women of all ages. RSVP to [Lisa Miller at LisaMMM628@aol.com](mailto:LisaMiller@LisaMMM628@aol.com)

May 27 - Jewish Yoga

12:30 p.m. - Carly Conatser will lead a session in Jewish Yoga designed to accommodate all levels. Suggested donation of \$5 or \$10.

Lexington Chapter of Hadassah

May 14 - Hadassah Book Club

1:30 p.m. - Monthly book discussion featuring "House of Spies" by Daniel Silva. Contact Gail Byers at byershousehold@yahoo.com for location and details.

May 17 - Hadassah Yoga

6:30 p.m. - At Pivot Brewing (1400 Delaware Ave.). \$9.00 includes yoga and drink Contact Mimi Kaufman to RSVP.

June 3 - Dining for Hadassah Women's Heart Health presented by Lexington Chapter of Hadassah and UK Healthcare

4:00 p.m. - At Hartland Clubhouse (4910 Hartland Pkwy.). Featuring speaker Gretchen L. Wells, MD, PhD. Followed by free cardiac and stroke screenings. \$18. Please bring a non-meat side dish. RSVP to [Evalyn Block at eblock3375@gmail.com](mailto:EvalynBlock@eblock3375@gmail.com).

JFS Caregiver Support Meeting

**May 3 and 17, 10:00 a.m.
meets at Temple Adath Israel**

This twice-monthly meeting provides a confidential and supportive environment to allow family members, friends, and caregivers to meet for mutual support, education, and exchanging ideas with one another. For more info, contact jfs@jewishlexington.org.

Lexington Havurah

Sunday, May 20, 2018, 5:30 p.m.

The Lexington Havurah will meet for the 2nd night of Shavuot for an abbreviated service and educational program about the holiday, followed by a potluck supper at the home of Dianne Bazell and Larry Kant.

*For details, please contact
Steve Shedlofsky at shedlof@uky.edu.*

2018 - May Events - 5778

JFB Hires Paula Mertens as Director of Jewish Family Services

Jewish Federation of the Bluegrass is proud to announce the hiring of Paula Mertens as Director of Jewish Family Services. Under this role, Paula will serve our local Jewish community through providing case management and referrals and processing camp and Israel program scholarships. When applicable, Paula will also generate programs that target improving and maintaining quality of life for our senior population and families and facilitate visits to the Stewart Home School in Frankfort.

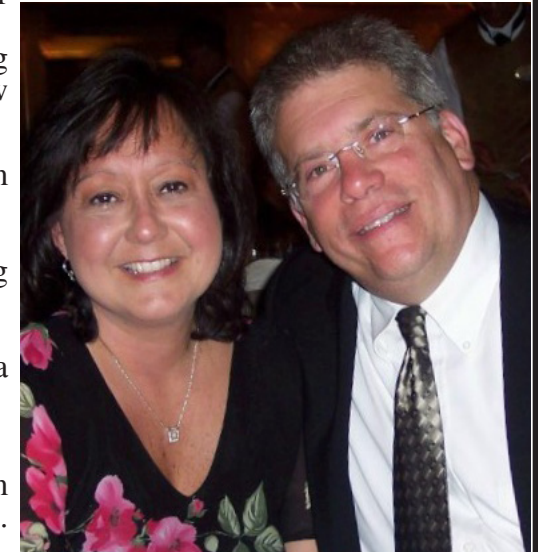
Paula Lopez Mertens was born in Tucson, AZ. She grew up in an Air Force family living overseas as well as numerous states. This upbringing introduced her to many different cultures and ways of living that she says formed one of her basic traits of being able to adapt to new situations quite easily.

She returned with her family to her parents' home state of Kansas when her father retired from the Air Force and graduated from Kansas State University in 1981 with a Bachelor of Arts in Social Work. Paula has always been dedicated to helping others but her passion lies in assisting the elderly. Her 30-year career includes working in nursing homes in Kansas, Iowa and Florida in long-term and skilled care, physical rehabilitation and psychiatric care. She has also worked in home care as a Case Manager in Iowa, a Humana Care Manager, and Care Coordinator at Comfort Keepers in Lexington.

Paula, husband Eli, and twin sons Henri and Matthew moved to Lexington in 2000 and found a warm and welcoming home at Temple Adath Israel. Though she hasn't been heavily involved in the community in recent years, she's very excited about returning and serving in a much more active role.

Paula also helps her husband in their business with editing, writing, and distribution of TravelHost of the Bluegrass magazine. Eli is the love of her life as well as her sons, but in close second is their beloved dog, Lexi. An avid animal-lover, Paula also enjoys reading, attending concerts with music of all varieties and traveling.

To contact Paula, email jfs@jewishlexington.org or call (859) 269-8244.



Paula Mertens and her husband, Eli.

 **Mom's Night Out**

Wednesday, May 16, 6:00 p.m.
Ashley's Tire Pros
235 E. 2nd St.

Tired of tire trouble? Join other PJ Moms and learn how to change your not-so-favorite "flats" at Ashley's Tire Pros! After the demonstration and Q&A, join us at West Main Crafting Co. for a delicious dinner and drinks without the kids!

RSVP REQUIRED by Sunday, May 13 to jori@jewishlexington.org

YOUR AD HERE

Shalom Events is Federation's monthly event listing publication going out to nearly 800 mailboxes and 700 email inboxes **EVERY MONTH!**

Want to advertise in *Shalom Events*?

Contact Daniel Baker at (859) 268-0672 or email Daniel@jewishlexington.org today!